

# POP! TEACHER RESOURCE

## Lesson Plan

### Countries and Cuisines

Lesson Plan for *Tacos*

Grade 1

#### Objective

To help students build awareness of different cultures and heritages, and practice sharing experiences with others whose backgrounds may be different than their own.

#### Things Needed

- *Tacos* book
- Whiteboard
- Map or globe (optional)

#### Before the Activity

Read *Tacos* out loud to students.

#### Activity

Choose a student to read the text on page 17 out loud: “Tacos are a favorite food worldwide. There are tacos inspired by Korean, Vietnamese, and Indian **cuisines**. They each use different meats and spices.” Choose another student to look up the word *cuisine* in the book’s glossary on page 23:

- *cuisine*: “a style of cooking, especially as connected to a specific country.”

Often, this style of cooking involves particular dishes and words that are used to describe them. For example, the words *taqueria* and *tortilla* are related to Mexican foods. Choose two other students to read the definitions of these words in the glossary:

- *taqueria*: “a restaurant or stand that sells Mexican food such as tacos and burritos.”
- *tortilla*: “a thin Mexican flatbread made from corn or flour.”



Ask students to think of a time they ate a food that was connected to the cuisine or culture of a specific country. It could be a dish at a restaurant they went to, a food their family makes at home, or something they ate at another person's house. Have students turn and share their experience with a neighbor. Each student can choose to answer a few questions from the following list:

- What was the name of the food?
- What did it taste like?
- Where did you eat it?
- Was it similar to any other foods you've eaten?

Give students a few minutes to discuss their experiences. Then come back together as a class. Call on a few students to share their partner's story with the class. Make a list on the whiteboard of all the countries and/or cuisines that are represented. If you want, use a map or globe to show students the country each food comes from.

### **Evaluation**

Could students think of a relevant experience and answer questions about it? Could they retell their partner's story to share it with the class?

### **Standards**

This lesson plan may be used to address the Common Core State Standards' reading standards for informational texts, grade 1 (RI 1.4, 1.5), and speaking and listening standards, grade 1 (SL 1.1).

