

POP! TEACHER RESOURCE



Lesson Plan



Across the Court

Lesson Plan for *Basketball*

Grade 1

Objective

To help students practice forming statements using the conjunction *if* by playing a basketball-themed game.

Things Needed

- *Basketball* book
- A large, clear space for an active game

Before the Activity

Read *Basketball* out loud to students. Then clear space in the room for students to play an active game.

Activity

Choose one person to be the captain. Explain that many sports, including basketball, have team captains. A captain helps lead the team. The captain's attitude and actions set the tone for the rest of the team. He or she might run pregame stretches and warm-ups. The captain also pulls the team together in tough situations. In this game, the captain will give other players instructions. The captain starts the game in the middle of the room. The rest of the players line up along one side.

To start the game, have the players chant:

"Dribble from the sideline,
Gonna make a free throw,
Captain, captain,
Here we go!"



Then, the captain will give an instruction using the word *if*, such as “If you are wearing blue” or “If you like to swim.” If this phrase is true of players, they should try to run to the other side of the room. The captain will try to tag them. Any students who get tagged must sit down. Students who reach the other side will chant again. Then the captain will give another instruction using the word *if*.

Evaluation

The last student left untagged wins. If you have time, play again with this student as the captain.

Standards

This lesson plan may be used to address the Common Core State Standards’ language standards, grade 1 (L 1.1, 1.3).

